

# Leader Helps Crafts & Recipes

## ***Toothbrush Friendship Bracelets***

This is a wonderful recycling craft for older children but still requires adult supervision.

### **Materials:**

- colorful toothbrush with design
- tweezers or pointed-nose pliers
- pot of water
- hot plate or stove
- kitchen tongs
- small jar, 5 to 7 inches in circumference, depending on wrist size
- oven mitts



### **Steps:**

- Place pot of water on a hot plate or stove burner. Bring water to a boil.
- Use tweezers to pluck out all of the bristles from the toothbrush (figure A).
- Dunk the toothbrush into the pot of boiling water using the tongs. Keep the toothbrush immersed in the boiling water for approximately one minute, or until the plastic softens (figure B).
- Remove the toothbrush from the water using the tongs. While wearing oven mitts (figure C), wrap the toothbrush around a glass jar to form the bracelet shape .
- Remove the bracelet from the jar and allow it to cool for several minutes.
- Once cooled, the bracelet is ready for wearing or for giving as a gift.



A



B



C

## **Surprise Soaps**

### **Materials:**

- 1 cup of grated Ivory soap
- 1/4 cup warm water
- food coloring
- small rubber animals or toys



### **Steps:**

1. Mix water, soap and food coloring together in a medium bowl. Stir the mixture until it begins to thicken.
2. Remove the mixture from the bowl and knead it until it is the consistency of very thick dough.
3. Roll the dough into the shape of a ball.
4. Make a hole in the center of the ball that is big enough for the small rubber toy to fit inside.
5. Fill the hole with the treasure then seal with some extra dough.
6. Allow Surprise Soaps to dry overnight before using.

The Ultimate Book of Kid Concoctions,

## ***Recipes that may be more Fun than Nutritious***

### **Gummi Bears**

1 small box gelatin with sugar (any flavor)

7 envelopes unflavored gelatin

1/2 cup water

Mix in a saucepan until the mixture resembles play dough. Place pan over low heat and stir until melted. When completely melted, pour into plastic candy molds, and place in the freezer for 5 minutes.

### **Go Fishing**

1/3 cup Goldfish crackers

10-12 pretzel sticks (fishing poles)

1-2 Tbs. peanut butter.

Put the peanut butter and pretzels on a plate, goldfish in a bowl or glass (paper is OK). The kids dip a fishing pole in the peanut butter and "catch" a fish with it.

### **Apple Smiles**

Apples

Miniature Marshmallows

Peanut Butter

Cut apple into wedges. Take two wedges and spread peanut butter on one side of each. Stick mini marshmallows on the peanut butter on one of the apples. Put the other apple wedge, on top -- peanut butter sticking to the marshmallows! (apples are lips and marshmallows are teeth!)

### **Peanut Butter Chocolate Chip Apples**

Apple □

Peanut Butter

Chocolate Chips

Rice Krispies

Raisins

Cut apple in half. Have kids spread peanut butter on apple half. On foil or wax paper have different piles for dipping apples in: A pile of chocolate chips, a pile of Rice Krispies and a pile of raisins. Let the kids smash the peanut butter side of apple in each pile! Sounds gross? Try them - You'll love them!

## ***New Land Cooperative Game - All Ages***

Imagine your group has sailed (by boat or starship) to a place much like home, but with no other people. Here they need to design and make decisions for their new country. What will you take with you and what will you do when you arrive?

Pick out the things you want them to design or make for the time you can allot. Remember the girls' age range when making the list. Larger groups can form "committees" to address each topic, then share their "findings and recommendations" with the whole group.

- Read out the instructions before handing out the sheets.
- Teams or committees are handed the sheets with time to digest, then an official start made.
- Give 15, 10, 5 minute ending warnings. Time overall depends on ages in group.
- Teams do not have an adult helping member!
- You can look in to see if they are making progress, but do not provide answers.
- Make a list of the materials you will need. e.g.: pens, pencils, glue, cardboard, paper, and more. Have all on hand so teams can take what they need.
- After the time is finished, let each team present their work to the other teams.

Suggested ideas to draw from:

- Name your country and be prepared to tell why this name especially.
- Design your flag and be able to tell its meanings.
- Write out ten laws for your land.
- Make up a Motto for your country.
- How is your country going to make income - exporting something or what else you can think of.
- List five things done or banned by custom in your country (but not mentioned in your laws).
- Design your country's formal costume, folk costume, uniforms.
- Design the money your land will use.
- Write your National Song and all can sing together for the other teams. (At least 6 lines - you can use a tune of a song you know)
- You can bring two books only from your old land. Say what two books and why you chose them.

You could add things such as a government structure or constitution for older girls.

- adapted from an idea found on an Australian Website, [www.trefoilnet.net](http://www.trefoilnet.net), which subsequently became <http://www.trefoilnet.info/>, selling scouting CD's, games, and projects.