

# A FEW IDEAS TO START!

## Games, Crafts & Recipes

### GORP Balls

#### Ingredients:

- 1/3 C. dried fruit
- 1/3 C. Cheerios
- 1/3 C. mixed nuts
- 1/3 C. coconut flakes
- 1/3 C. sunflower seeds
- 1/3 C. raisins
- 2 C. peanuts
- 1 C. chocolate chips
- 1/3 C. honey
- 1/2 C. peanut butter

#### Preparation:

Combine melted chocolate chips, honey, and peanut butter. This is the "glue" that holds together the mix. Add in the remaining ingredients. Roll into balls.

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### Daisy Friendship Bracelet

#### You need:

- 2' of Rat-tail Satin Cord
- 4 Green Pony Beads
- 6 White Pony Beads
- 1 Yellow Pony Beads
- White Glue

#### Instructions:

1. Coat ends of cord with white glue. Let dry. String 6 white pony beads (shown as yellow) and slide to center of cord.
2. Loop cord around and feed through bead 1 again. Tighten.
3. String 1 yellow pony bead (shown as orange) and position it in the center of the flower. Feed cord back through bead 4 as shown. Tighten.
4. Tie a knot on both sides of daisy. String a green bead on to each side and tie another knot to hold bead in place.
5. Repeat step four, knotting 2" from first knot. Trim to size. Bracelet ties on to wrist.



### Armpit Fudge

#### Single serving:

#### Ingredients:

- 2 oz. powdered sugar (1/2 cup)
- 1 Tbsp butter
- 2 tsp cream cheese
- dash of vanilla
- 2 tsp cocoa

#### What to do:

Place all ingredients in a sandwich-size plastic zipper-bag (Ziploc (tm), etc). Squeeze out all the air. Squish and moosh (under the arm!) the bag until all the ingredients are well mixed and there is a creamy consistency. Add any favorite flavors or other stuff (raisins, M&M's, peanut butter, chopped nuts, etc). Take out a spoon and enjoy.

#### "Patrol-size" version:

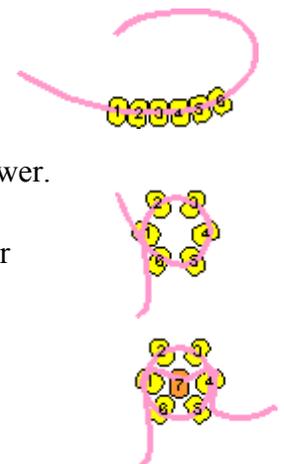
#### Ingredients:

- 1 lb. powdered sugar
- 1 stick (1/4 cup) butter
- 1 - 3 oz pkg cream cheese
- 1/2 tsp vanilla
- 1/3 cup cocoa

#### What to do:

Mix ingredients as above in a one-gallon zipper bag.

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## Quiet

Split the group into two equal lines facing each other about 3-4 feet apart. Taking turns from one line to the next, one girl walks down the center of the aisle trying not to laugh. She must walk slowly looking straight ahead and her eyes must remain open. She may not smile or laugh.

The girls in the opposing line, tries to make her laugh. They may do anything they'd like as long as they don't make any noise and their feet don't leave the ground. If she succeeds in reaching the end of the line without laughing, she rejoins the end of her line. If she laughs, she joins the end of the opposing line.

The game continues until all the girls are in one line.

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## Caterpillar Relay

Each team forms a line and each girl must hold onto the waist of the girl in front of her. They may stretch out as far as possible so long as they don't separate.

When the whistle blows, the girl at the back goes down on her hands and knees and must crawl through the legs of the whole group. When she gets to the front she jumps up, her waist gets grabbed, and the girl who is now at the back goes through.

You can either do this down to the finish line or down and back (by reaching the turning point and having all girls spin around so they are facing back the way they came).

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## The Story of Juliette Low (An Action Story)

Divide group into smaller groups These will be: Little Girls, Juliette Low, Georgia, Horses, London, Lord Baden-Powell, Boy Scouts and Girl Scouts.

For a small group, give each girl a "word" to listen for and act out. !

### *Sound Effects:*

<b>Little Girls</b>	Stand and giggle
<b>Juliette Low</b>	Curtsey and say "Be My Friend"
<b>Georgia</b> (state of)	Say "Hey, you all"
<b>Horses</b>	Say "Neighhh"
<b>Lord Baden-Powell</b>	Bow formally and say "How do you do?"
<b>London</b>	Sing "London Bridge is Falling Down"
<b>Boy Scouts</b>	Make Scout sign, say "Be Prepared"
<b>Girl Scouts.</b>	"Where's the campout?!"

Once upon a time there was a little girl named **Juliette Low** who lived in **Georgia** and loved to ride **horses**. After she grew up she went to **London** where she met **Lord Baden-Powell** who founded the **Boy Scouts**. She was fascinated by the work he was doing. She studied with him awhile and decided to found a troop of **Girl Scouts** for her friends who liked to ride **horses** in **Georgia**. So **Juliette Low** said good-bye to the

**Boy Scouts** in **London** and came home with the idea that **Lord Baden-Powell** gave her. She formed a group of **little girls**, who liked to ride **horses** and be together, into a troop of **Girl Scouts**. And they loved it so much that the idea spread and now there are troops all over the world.

Aren't we glad that a (SPEED UP HERE)

**Little Girl** named **Juliette Low** from **Georgia** who liked **Horses** went to **London** and met **Lord Baden-Powell**, founder of the **Boy Scouts**, and came home to start the wonderful world of **Girl Scouts!**