

## IDEAS FOR FIRST FOUR MEETINGS FOR JUNIOR GIRL SCOUTS

(These are suggested meetings designed with the Investiture at a separate time other than the regular meeting time. Refreshments can be served at any time during the meeting.)

### MEETING 1:

Supplies: The Junior Girl Scout Leader Guide, Junior Girl Scout Handbook, LRG, paper, pencils, index cards for making Kaper Cards, markers.

Start-up Activity: Play a game to get acquainted. Have each girl write a want ad for someone to replace her for a day. She should list her most important qualities and include some things she likes and doesn't like to do, a special place she's wanted to visit, her favorite animal, food, or sport, and some information about her family. After each person writes her ad, place them all in a paper bag. Shake the bag and have each girl pick one and read it aloud to the group. The group then tries to guess who the person is.

Opening: Show the Girl Scout Sign and repeat the Girl Scout Promise in a friendship circle. Show the quiet sign and explain its use.

Business: Make a "Love List" – girls list what they would "love" to do this year. Discuss attendance and troop dues. Discuss kapers and the purpose of them. Make Kaper Cards or a Kaper Chart. (LRG, p. 35) to divide up the responsibilities.

(Kaper Cards – write each kaper on an index card, e.g., flag bearer, game or song leader, hostess, clean up. Have each girl draw a card.)

Activity: Have the girls look at the Girl Scout Law. Do the activity on page 7 in the Junior Girl Scout Handbook 'Good Deed Catcher'.

Song: Learn "Make New Friends" (Girl Scout Pocket Songbook)

Game: Play "Face to Face". Ask the players to pair off (in a circle) and wait for your commands – you will stand in the center of the circle. To start, have all couples stand face-to-face. Then give commands for all to follow such as: back to back, elbow to elbow, thumb to thumb, etc. After a while, announce "vis-a-vis", which means all must find new partners and stand face-to-face with them. The "it" person (one in center) also tries to get a partner. The person left without a partner is now "it".

(Note: Do not have the girls do anything concerning the head or face because of health issues.)

Clean Up: By girls using Kaper Cards or Kaper Chart.

Closing: Form a friendship circle. Do the friendship squeeze.

## MEETING 2

Supplies: Junior Girl Scout Handbooks (1 for every 2 girls), pencils, paper, egg cartons, ping pong balls, scissors, markers

Start-Up Activity: Play the “Egg Flat and Ball Game” on pg. 37 in the Junior GS Leader Guide.

Opening: Say the Girl Scout Promise and offer the Girl Scout handshake to each other.

Business: Take attendance and dues. Share the Girl Scout motto and slogan. Discuss ways you could live by the Girl Scout motto in your daily life. Discuss investiture/rededication and plan it with the girls – when, where, etc. Review the three forms of troop government. Choose a system for a trial period to see if it will work for your troop. Evaluate after several months to see if the girls want to continue this system or try another one. Discuss the “love list” and make general plans for the year.

Activity: Do the Junior Girl Scout Handbook Hunt (attached)

Clean Up: By girls from Kaper Cards or Chart.

Closing: Teach “Taps”. (Girl Scout Pocket Songbook). Form a friendship circle and pass friendship squeeze.

## MEETING 3

Supplies: Junior Girl Scout Handbooks, Junior Girl Scout Leader Guide, pencil, paper, Leader Resource Guide, Junior Girl Scout Badge Book.

Start Up Activity: Do ‘The Limbo’, page 55 of the JGSLG.

Opening: Discuss flag ceremonies. Walk through a flag ceremony. Use Kaper Cards or “It/Other” bag to select participants. Repeat the Girl Scout Promise. Sing “Make New Friends”.

Business: Take attendance, collect dues. Review the Girl Scout Law. Finalize plans for the investiture/rededication ceremony.

Activity: Begin work on the First Aid Badge. (JGSBB, p. 62) Discuss items to be in a First Aid Kit. (JGSH, p. 81) Have girls choose one or two items to bring to the meeting next week to put in the kit. Play the Safety Game on p. 78 & 79 in JGSH. If time, do the Emergency Telephone Calling Activity on p. 77 in JGSH.

Clean Up: By girls from Kaper Cards or Chart.

Closing: GIRL SCOUT OUT – Girls form a friendship circle and spell out, one letter at a time, in turn, G-I-R-L S-C-O-U-T. Whoever says the “T” leaves the circle and can go home. The spelling continues until all are “OUT”.

## MEETING 4

Supplies: Lunch, box, tackle box, or other container to use as First Aid Kit, art materials and paper, Law Cards.

Start Up Activity: Play Girl Scout Law Relay. Divide the girls into two teams. Mix up each set of Law Cards. (One law printed on each card). Place on a table or floor. Each girl in turn runs to the cards, finds the first law and lays it out. The second girl finds the second law, etc. Repeat through all ten sections of the Law. The first team with all the Law in correct order leads the Girl Scout Promise.

Opening: Say the Girl Scout Promise and Law. Sing a song of your choice.

Business: Take attendance and collect dues. Review plans for investiture/rededication ceremony. Rehearse the ceremony. With the art materials, girls can make invitations for their families to attend.

Activity: Assemble the First Aid Kit. As time permits, discuss Home Safety, on page 86 & 87 in JGSH.

Clean Up: By girls from Kaper Cards or Chart.

Closing: Form friendship circle. Sing “Taps”. Give friendship squeeze.

NOTE: By the end of the fourth meeting, the girls have completed 3 requirements for the First Aid badge and 4 for the Girl Scouting in the USA badge.

## INVESTITURE

The investiture ceremony is the time in which a new Girl Scout receives her pin, makes her Promise, and becomes a member of the group and the Girl Scout movement.

The Girl Scout Promise and Law are the basics of Girl Scouting. All Girl Scouts say them. All Girl Scouts try to live them. They form a code which is easily understood, one that expresses attitudes and beliefs that are basic, not only of good Girl Scouting, but of good citizenship throughout the world. It is important to give each girl full opportunity during the meetings preceding the ceremony to learn and understand the Promise and Law so that when she is invested, she realizes their full significance.

A girl becomes eligible for investiture when she has paid her annual national membership dues, knows the Girl Scout Promise and Law, and is willing to live by them.

The investiture is a group ceremony. It can be planned for a regular meeting, at a separate time other than the meeting, or out of doors. The actual investiture is the making of the Promise and being welcomed by the leader who has helped the girl understand what it can mean to her. If they wish, the girls may invite parents or close friends.

Each ceremony should be planned with the girls. Therefore, each one will be different. Each of the ceremonies, however, should include these basic elements:

- ◆ Opening – flag ceremony or song
- ◆ Welcome address by leader or selected girl
- ◆ Saying the Promise and Law
- ◆ Presentation of the Girl Scout pin
- ◆ Closing

## JUNIOR GIRL SCOUT HANDBOOK HUNT

Using the *Junior Girl Scout Handbook*, find the items listed below and write what you found and the page on which it was located.

1. Where can you find the Four Girl Scout Program Goals?
2. What are the four Girl Scout signs and what are they based on?
3. What are moire patterns and where can you find one?
4. What is an Online Safety Pledge and what is it used for?
5. What do you need to make solar noodle cookies?
6. You never remember which pin, award, or patch goes where...where can you find the exact placement of awards on a sash and vest?
7. How many requirements does it take to earn the Girl Scout Bronze Award?  
Give an example of a Bronze Award service project.
8. What is the website called to find activities for Junior Girl Scouts?

9. Where can you find an incredible slurping plant and what scientific principle does it demonstrate?

10. How many bridging steps are there to Cadette Girl Scouts?

11. What kind of knot would you use to anchor a tent to a tent stake?

12. What are the seven outdoor cooking tips?

13. What are three ideas to manage stress?

14. What is a swap?

When do you give or receive one?

15. What four things need to happen before you start selling cookies?